



THIS YEAR CAN BE DIFFERENT

When you join the Quit For Life Program, your New Year's resolution to quit tobacco will be on the right track. You may have tried before, but this time make it count. Get prepared. Enroll today.



Quit For Life[®] Program

1.866.QUIT.4.LIFE (1.866.784.8454) | www.quitnow.net/ups

The Quit For Life[®] Program is brought to you by the American Cancer Society[®] and Alere Wellbeing. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.

This description of the Quit for Life Program is for educational purposes only. The Quit for Life Program benefits are provided pursuant to and governed by the terms of the applicable Summary Plan Description ("SPD"). This document is not intended to be incorporated into or made a part of the SPD. In the event there are conflicts between this document and the SPD, the SPD controls. If you are not eligible to participate in the Quit For Life program, check with your health plan to find out whether resources for quitting tobacco are available through the plan; or call: The American Cancer Society at 1-800-ACS-2345 or The Centers for Disease Control (CDC) at 1-800-QUIT-NOW.